



May 2017 Breakfast Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Cream of Wheat or Choice Cold Cereal Scrambled Eggs Sausage Patty Toast	2 Malt O Meal or Choice Cold Cereal Biscuits & Sausage Gravy/Toast	3 Oatmeal or Choice of Cold Cereal Cinnamon Roll/Toast Bacon	4 Cream of Wheat or Choice Cold Cereal Fried Egg Sausage Links Toast	5 Oatmeal or Choice Cold Cereal French Toast/Toast Bacon	6 Cream of Rice or Choice Cold Cereal Biscuits & Sausage Gravy/Toast
7 Oatmeal or Choice of Cold Cereal Pancakes or Toast Bacon	8 Cream of Wheat or Choice Cold Cereal Scrambled Eggs Sausage Patty Toast	9 Malt O Meal or Choice Cold Cereal Biscuits & Sausage Gravy/Toast	10 Oatmeal or Choice of Cold Cereal Waffle or Toast Bacon	11 Cream of Wheat or Choice Cold Cereal Fried Egg Sausage Links Toast	12 Oatmeal or Choice Cold Cereal French Toast/Toast Bacon	13 Cream of Rice or Choice Cold Cereal Biscuits & Sausage Gravy/Toast
14 Oatmeal or Choice of Cold Cereal Pancakes or Toast Bacon	15 Cream of Wheat or Choice Cold Cereal Scrambled Eggs Sausage Patty Toast	16 Malt O Meal or Choice Cold Cereal Biscuits & Sausage Gravy/Toast	17 Oatmeal or Choice of Cold Cereal Cinnamon Roll/Toast Scrambled Eggs Bacon	18 Cream of Wheat or Choice Cold Cereal Fried Egg Sausage Links Toast	19 Oatmeal or Choice Cold Cereal French Toast/Toast Bacon	20 Cream of Rice or Choice Cold Cereal Biscuits & Sausage Gravy/Toast
21 Oatmeal or Choice of Cold Cereal Pancakes or Toast Bacon	22 Cream of Wheat or Choice Cold Cereal Scrambled Eggs Hash Brown Patty Sausage Patty Toast	23 Malt O Meal or Choice Cold Cereal Biscuits & Sausage Gravy/Toast	24 Cinnamon Sugar Rice or Choice of Cold Cereal Waffle or Toast Bacon	25 Cream of Wheat or Choice Cold Cereal Fried Egg Sausage Links Toast	26 Oatmeal or Choice Cold Cereal French Toast/Toast Bacon	27 Cream of Wheat or Choice Cold Cereal Biscuits & Sausage Gravy/Toast
28 Oatmeal or Choice of Cold Cereal Pancakes or Toast Bacon	29 Cream of Wheat or Choice Cold Cereal Scrambled Eggs Sausage Patty Toast	30 Malt O Meal or Choice Cold Cereal Biscuits & Sausage Gravy/Toast	31 Oatmeal or Choice of Cold Cereal Cinnamon Roll/Toast Bacon	Dietary Manager: Donna Peterson	**This menu is for regular diets. Therapeutic diets may differ in what is offered.	Hardboiled or Poached Eggs, Yogurt, Toast etc. also available as alternates upon request.

Menu subject to change/substitutions may occur without advance notice.



May 2017 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Herb Roasted Chicken Baby Bakers or Cheesy Baked Rice & Beans 4-Way Mixed Vegetables or Dill Buttered Carrots Frosted Cake	2 Beef Tips/Gravy Steamed Rice or Egg Noodles Side Salad or Broccoli & Cheese Sauce Fruited Gelatin Bread Stick	3 Sliced Turkey & Gravy Sweet Potatoes or Cornbread Dressing Vegetable Medley or Greek Salad Blueberry Cobbler	4 Salisbury Steak Baked Potato or Mashed Potatoes Spinach Bake or Carrots Daffodil Cake	5 Baked Crusted Fish Macaroni & Cheese or Potato Salad Cole Slaw or Green Beans Mandarin Oranges	6 Chicken Parmesan Pasta or Rosemary Potatoes Peas & Carrots or Broccoli Cauliflower Mix Mixed Fruit Garlic Bread
7 Fried Chicken Mashed Potatoes/Gravy OR Baked beans Green Beans OR Mixed Vegetables Chess Pie	8 Catfish Nuggets Oven Brown Potatoes OR Garden Blend Rice Creamed Peas OR Zucchini & Tomatoes Strawberry Shortcake	9 Roast Turkey/Gravy Stuffing OR Sweet Potato Puffs Ranch Veg Salad OR California Blend Veggies Fresh Fruit	10 Cornflake Chicken Baked Potato OR Tater Tots Candy Carrots, Broccoli OR Caesar Salad Gelatin & Topping Garlic Bread	11 Herb Roasted Pork Loin Mashed Potatoes/Gravy OR Sweet Potatoes Veggie Medley OR Spinach OR Salad Brownie	12 BBQ Chicken Baked Beans OR Steak Fries Marinated Cucumber & Onions OR Harvard Beets Peach Cobbler	13 Baked Ham Mashed Potatoes/Gravy OR Scalloped Potatoes Mixed Greens OR Broccoli/Cheese Sauce Pudding Parfait Cornbread
14 Beef Brisket Mashed Potatoes/Gravy OR Baby Bakers Carrots OR Spinach Coconut Cream Pie	15 Spaghetti/Meat Sauce OR Sub. Entrée with Rosemary Red Potatoes Peas OR Italian Veggies Cheesecake	16 Country Fried Steak Mashed Potatoes/Gravy OR Macaroni Salad Tossed Salad OR Mixed Vegetables Fresh Fruit	17 BBQ Chicken Baked Beans OR Creole Potatoes California Vegetables OR Mixed Greens Goopy Butter Cookie Cornbread	18 Chicken Strips Mashed Potatoes/Gravy OR Macaroni & Cheese Brussel Sprouts OR Corn Banana Pudding	19 Baked Crusted Tilapia Stewed Potatoes OR Wedge Fries Peas & Carrots OR Broccoli Daffodil Cake Hushpuppies	20 Meatloaf Baked Potato OR Mashed Potatoes/Gravy Green Beans/Onion OR Cauliflower Pineapple Upside Down Cake
21 Apricot Glazed Ham Sweet Potato Wedges OR Mashed Potatoes Brussel Sprouts OR Cheesy Spinach Peach Cobbler	22 Swedish Meatballs Steamed Rice OR Mashed Potatoes Broccoli OR Candied Carrots Sherbet	23 Fish Sticks Tater Tots OR Oven Roasted Potatoes Stewed Tomatoes OR Side Salad Tropical Fruit	24 Oven Fried Chicken Cheesy Hash Brown Cass. OR Lima Beans Spinach Salad OR Glazed Carrots Banana Cream Pie	25 Soft Beef Taco Refried Beans OR Tortilla Chips/Salsa Fiesta Corn Salad OR Three Bean Salad Creamy Orange Cake	26 Chicken & Dumplings OR Sub. Entrée & Roasted Redskins Country Green Beans OR Broccoli Angel Food Cake	27 Pan Fried Pork Chop Mashed Potatoes/Gravy OR Stuffing Brussel Sprouts or Peas Strawberry Pretzel Dessert
28 Roast Beef Mashed Potatoes/Gravy OR Tater Tots Collard Greens OR Asparagus Creamy Custard Pie	29 Herb Roasted Chicken Baby Bakers or Cheesy Baked Rice & Beans 4-Way Mixed Vegetables or Dill Buttered Carrots Frosted Cake	30 Beef Tips/Gravy Steamed Rice or Egg Noodles Side Salad or Broccoli & Cheese Sauce Fruited Gelatin Bread Stick	31 Sliced Turkey & Gravy Sweet Potatoes or Cornbread Dressing Vegetable Medley or Greek Salad Blueberry Cobbler	Dietary Manager: Donna Peterson	**A list of alternate entrée choices ("sub" or "alt" entrees) is available on the table menu.	**This menu is for regular diets. Therapeutic diets may differ in what is offered.

Menu subject to change/substitutions may occur without advance notice.



May 2017 Supper Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Pizza OR Alt Entrée & Tri-Tator Side Salad OR Three Bean Salad Cheese Breadstick Blushing Pears	2 BBQ Pork Riblette Cheese Potatoes OR Baked Beans Cole Slaw OR Carrot Coins Chocolate Chip Cookie	3 Beef Goulash OR Alt Entrée/Macaroni Salad Peas & Carrots OR Breaded Vegetables Chocolate Layer Dessert	4 BLT Sandwich Potato Chips OR Potato Salad Creamy Cucumber Salad OR Picked Beets Fresh Grapes	5 Beef Stew OR Entrée & Macaroni & Cheese Mixed Green Salad OR Lime Mist Salad Cheese Herb Biscuit Pineapple Crumble	6 Grilled Ham/Cheese Sandwich Potato Wedges OR Sweet Potato Puffs Spinach/Strawberry Salad OR Cucumber & Tomato Salad Whipped Gelatin
7 Sloppy Joe on Bun Tater Tots OR Potato Chips Squash Medley OR Cucumber/Onion Salad Ambrosia	8 Pork Tenderloin/Bun Wedge Fries OR Macaroni Salad Asparagus OR Cole Slaw No Bake Cookies	9 Tuna Croquette Creamed Potatoes OR Potato Salad Mixed Veggies OR Peas Frosted Cupcake Cheese Herb Biscuit	10 Reuben Sandwich Potato Chips OR Macaroni Salad Vegetable Soup OR German Tomato Salad Apricots	11 Philly Cheesesteak & Grilled Peppers/Onions Potato Salad OR Chips Roasted Corn or Green Beans Pineapple Pudding	12 Beef & Macaroni Bake OR Entrée/Baby Bakers Minestrone Soup, Salad, OR Peas & Carrots Muffin Sherbet	13 Baked Ham Mashed Potatoes/Gravy OR Scalloped Potatoes Mixed Greens OR Broccoli/Cheese Sauce Pudding Parfait
14 Tuna Salad/Crackers OR Entrée/Potato Salad Broc & Cauli. Salad OR Mixed Vegetables Fruit Crisp Blueberry Muffin	15 Polish Sausage/Kraut Tater Tots OR Sweet Potato Puffs Peas & Carrots OR Side Salad Fruited Gelatin	16 Deli Sandwich Potato Chips OR Macaroni Salad Cole Slaw OR Garden Cottage Cheese Chocolate Chip Cookie	17 Chef's Salad Broccoli Cheese Soup & Crackers OR Tortilla Chips/Salsa Breadstick Ambrosia	18 Chili Cheese Dog Potato Salad/ OR Tater Tots Beet & Onion Salad OR Three Bean Salad Melon Cubes	19 Ham Salad/Crackers Pasta Salad OR Potato Wedges Tomato Wedges OR Cole Slaw Apple Brown Betty	20 Chicken Salad in Tomato Potato Chips/Pork n Beans Three Bean Salad OR Tossed Salad Strawberries/Bananas
21 BBQ Beef on Bun Baked Beans OR Macaroni & Cheese Green Beans OR Cucumber/Onion Salad Brownie	22 Egg Salad/Crackers Pasta Salad OR Potato Chips Vegetable Soup, Cole Slaw, OR Tomatoes Rosy Pineapple	23 Beef Cube Steak.& Mushroom Gravy Mashed Potatoes OR Parslied Pasta Roasted Squash OR Breaded Vegetables Lemon Cream Cake	24 Open Face Beef Sand. Mashed Potatoes/Gravy OR Potato Salad Tossed Salad OR Marinated Cucumber & Onion Glaze Applesauce Cake	25 Potato Crusted Pollock Macaroni & Tomatoes OR Potato Chips Cole Slaw OR Pea Salad Hush Puppies Fresh Fruit	26 Stuffed Bell Pepper Mashed Potatoes OR Wedge Fries Broccoli Raisin Salad OR Copper Penny Salad Mandarin Oranges	27 Chicken Club Sandwich Tater Tots OR Potato Chips Vegetable Blend OR Pickled Beets Fruit Fluff
28 Ham Salad Sandwich Potato Salad OR Potato Chips Marinated Cucumber & Onions OR Side Salad Banana Pudding	29 Pizza OR Alt Entrée & Tri-Tator Side Salad OR Three Bean Salad Cheese Breadstick Blushing Pears	30 BBQ Pork Riblette Cheese Potatoes OR Baked Beans Cole Slaw OR Carrot Coins Chocolate Chip Cookie	31 Beef Goulash OR Alt Entrée/Macaroni Salad Peas & Carrots OR Breaded Vegetables Chocolate Layer Dessert	Dietary Manager: Donna Peterson	**A list of alternate entrée choices ("sub" or "alt" entrees) is available on the table menu.	**This menu is for regular diets. Therapeutic diets may differ in what is offered.

Menu subject to change/substitutions may occur without advance notice.